



Tunghai University Implementation Regulations of Physical Education Requirements for Graduation Threshold

Amendment Approved by Meeting of Academic Affairs on April 17, 2012

Article 1. To enhance students' basic physical abilities and establish the correct concept of physical fitness and games and sports general knowledge, Tunghai University (hereinafter referred to as the School) hereby particularly stipulate the "Implementation Regulations of Physical Education Requirements for Graduation Threshold" (hereinafter referred to as the Regulations).

Article 2. Since academic year of 2012, the School's Day Division students of Bachelor's programs must pass Physical Education requirements for graduation threshold before they can graduate.

Article 3. Implementation Directions for PE graduate threshold are as follows:

- 3-1. Games and sports general knowledge tests shall be implemented after sophomore midterm exam of second semester, its pass mark is 60.
- 3-2. During the semester, students shall pass physical fitness tests in the first semester of fourth year, the standards of physical fitness tests are: girls shall complete 800 meters of running / walking respectively within 295 seconds (4 minutes 55 seconds), and boys shall complete 1600 meters of running / walking respectively within 528 seconds (8 minutes 48 seconds)
- 3-3. Those who failed the physical fitness tests shall apply for the implementation of self-learning with the PE Office.
- 3-4. Self-learning course schedule starts from the filing date and ends at the deadline of Senior graduation exam.
- 3-5. Those who completed self-learning courses may return self-learning proximity cards at any time.
- 3-6. For early graduation, students may submit evidence and apply with the PE Office three months before graduation for physical fitness tests.
- 3-7. The Following is the Parallel Table of Physical Fitness Tests.

Performance of Female Physical Fitness Tests	Performance of Male Physical Fitness Tests	Self-Learning Course (Running / Walking)
296-325seconds	529-558 seconds	10 laps
326-355 seconds	559-588 seconds	20 laps
356-385 seconds	589-618 seconds	30 laps
386-415 seconds	619-648 seconds	40 laps



Performance of Female Physical Fitness Tests	Performance of Male Physical Fitness Tests	Self-Learning Course (Running / Walking)
416-445 seconds	649-678 seconds	50 laps
446-475 seconds	679-708 seconds	60 laps
476-505 seconds	709-738 seconds	70 laps
506-535 seconds	739-768 seconds	80 laps
536-565 seconds	769-798 seconds	90 laps
566-595 seconds	799-828 seconds	100 laps
596-625 seconds	829-858 seconds	110 laps
626-655 seconds	859-888 seconds	120 laps

3-8. Self-learning course venue shall be the ground track field.

3-9. Implementation of self-learning courses each time shall not be less than two laps, and 5 laps at most.

Article 4. Regulations of applications for make-up tests:

4-1. Students applying for a make-up test on games and sports general knowledge shall make an application at the PE Office one week prior to midterm exam of first semester, applications at any time other than the above shall not be accepted.

4-2. Applicants for make-up tests on games and sports general knowledge should be freshmen and sophomores at school who failed the games and sports general knowledge.

Article 5. Students in condition of the following situations may apply with the PE Office for exemption from physical fitness tests:

5-1. Students holding Disability Cards or Catastrophic Illness Cards, verified by the director of PE Office, shall be exempted from physical fitness tests and self-learning courses, but still need to pass games and sports general knowledge tests.

5-2. Students holding documents issued by renewed hospitals accredited Cum Laude (Excellent, or above) affirming unsuitability of taking strenuous exercise (asthma, heart disease, scoliosis...), verified by the director of PE Office, shall be exempted from physical fitness tests, but still need to complete 50 laps of self-learning courses and pass games and sports general knowledge tests.

5-3. Students with Intermittent Dysfunction shall produce a Certificate of Diagnosis issued by renewed hospitals accredited Cum Laude (Excellent, or above) and verified by the director of PE Office so as to be exempted from physical fitness



tests or self-learning courses, but still need to pass games and sports general knowledge tests.

Article 6. The Regulations herein shall be implemented after the approval of the meeting of Academic Affairs.